

ESSEX WAY 2012

Cat	No	Team Name	Running Total			Stage 1				Stage 2				Stage 3				Stage 4				Stage 5				Stage 6				Stage 7				Stage 8				Stage 9				Stage 10			
			Tot Pts	Cat Pos	Tot Pos	Pos	Cat	Pos	Pts	Cat	Tot	Pos	Pts	Cat	Tot	Pos	Pts	Cat	Tot	Pos	Pts	Cat	Tot	Pos	Pts	Cat	Tot	Pos	Pts	Cat	Tot	Pos	Pts	Cat	Tot	Pos	Pts	Cat	Tot						
A	18	Springfield Striders Men A	19	1	1	1	1	1	2	4	1	1	2	4	1	1	8	12	1	1	1	13	1	1	1	14	1	1	2	16	1	1	1	17	1	1	1	18	1	1	1	19	1	1	
A	5	Ilford A	50	2	2	4	4	3	7	2	2	10	17	3	3	2	19	2	2	10	29	3	3	3	32	2	2	1	33	2	2	4	37	2	2	7	44	2	2	6	50	2	2		
A	19	Springfield Striders Men B	56	3	3	2	2	6	8	3	3	6	14	2	2	9	23	3	3	4	27	2	2	12	39	3	3	6	45	3	3	3	48	3	3	5	53	3	3	3	56	3	3		
A	7	Southend A	63	4	4	11	10	7	18	6	7	7	25	6	6	1	26	4	4	16	42	5	6	2	44	4	4	4	48	4	4	6	54	4	4	2	56	4	4	7	63	4	4		
A	14	Harwich Runners Men A	87	5	5	19	15	4	23	8	9	25	48	10	12	6	54	10	11	3	57	8	9	17	74	9	10	3	77	7	8	2	79	6	7	6	85	6	6	2	87	5	5		
A	34	Thrift Green A	88	6	6	14	12	22	36	13	16	1	37	8	9	5	42	7	8	7	49	6	7	5	54	5	6	5	59	5	6	9	68	5	5	4	72	5	5	16	88	6	6		
A	28	Benfleet Men A	96	7	7	8	7	2	10	4	4	9	19	5	5	14	33	6	7	33	66	9	10	6	72	8	9	10	82	9	10	7	89	8	9	3	92	7	8	4	96	7	7		
A	31	Grange Farm Dunmow Men A	107	8	9	16	13	16	32	12	14	8	40	9	11	10	50	9	10	2	52	7	8	4	56	6	7	23	79	8	9	13	92	9	10	10	102	9	10	5	107	8	9		
A	10	Leigh on Sea Striders	112	9	10	6	5	8	14	5	5	3	17	3	3	12	29	5	5	11	40	4	5	21	61	7	8	13	74	6	7	8	82	7	8	19	101	8	9	11	112	9	10		
A	29	Benfleet Men B	165	10	12	9	8	12	21	7	8	31	52	12	15	17	69	11	14	22	91	11	13	14	105	10	12	29	134	10	13	10	144	10	12	11	155	10	12	10	165	10	12		
A	20	Springfield Striders Mixed A	204	11	15	22	17	14	36	13	16	20	56	13	16	16	72	12	15	19	86	10	12	45	131	12	17	33	164	14	19	16	180	13	17	9	189	11	15	15	204	11	15		
A	8	Southend Mixed	217	12	16	12	11	33	45	17	23	12	57	14	17	32	89	15	19	14	108	13	17	23	131	12	17	15	146	12	17	32	178	12	16	30	208	13	18	9	217	12	16		
A	25	Mid Essex Casuals A	222	13	17	7	6	21	28	9	11	22	50	11	14	41	91	16	20	32	123	17	22	9	132	14	19	7	139	11	14	37	176	11	15	28	204	12	16	18	222	13	17		
A	16	Thurrock Nomads A	247	14	20	18	14	20	38	15	18	33	71	17	21	15	86	13	17	36	122	16	21	35	157	16	24	16	173	15	22	11	184	14	18	35	219	14	21	28	247	14	20		
A	32	Grange Farm Dunmow Men B	250	15	21	43	28	26	69	23	33	27	96	22	31	25	121	21	31	17	138	19	27	26	164	20	28	27	191	18	26	21	212	17	25	25	237	16	25	13	250	15	21		
A	17	Witham Running Club	261	16	23	41	26	34	75	25	39	5	80	20	27	26	106	18	25	8	114	15	20	40	154	15	23	39	193	19	27	12	205	16	23	34	239	17	26	22	261	16	23		
A	27	East London Runners	268	17	26	3	3	28	31	11	13	4	35	7	8	11	46	8	9	49	95	12	15	13	108	11	13	38	148	12	17	38	184	14	18	43	227	15	23	41	268	17	26		
A	30	Benfleet Men C	276	18	28	10	9	19	29	10	12	30	59	15	19	28	87	14	18	25	112	14	19	48	160	18	26	18	176	16	23	40	218	10	29	31	249	18	27	27	276	18	28		
A	26	Mid Essex Casuals B	288	19	29	21	16	18	39	16	20	21	60	16	20	42	102	17	24	39	141	20	28	22	163	19	27	30	193	19	27	22	215	19	28	38	253	19	28	35	288	19	29		
A	1	Halstead RC	296	20	30	100	31	13	113	31	48	15	128	29	44	18	146	24	35	18	164	24	35	41	205	25	36	25	230	23	33	30	260	22	32	13	273	21	31	23	296	20	30		
A	24	Bishops Stortford Running Club	298	21	31	23	18	32	55	19	27	26	81	21	28	46	127	22	32	6	133	18	26	24	157	16	24	21	178	16	23	36	214	18	27	40	254	20	30	44	298	21	31		
A	15	Harwich Runners Mixed	315	22	32	44	29	38	82	28	43	40	122	28	42	30	152	28	41	34	186	28	40	32	218	27	39	36	254	27	39	14	268	25	35	21	289	24	34	26	315	22	32		
A	22	Springfield Striders Mixed C	320	23	33	45	30	9	54	18	26	19	73	18	23	39	112	19	27	40	152	21	30	42	194	22	33	31	225	21	31	29	254	21	31	37	291	25	35	29	320	23	33		
A	4	Tiptree R	328	24	35	42	27	35	77	26	41	44	121	27	41	45	166	29	45	23	189	29	41	36	225	29	42	8	232	24	36	27	260	22	32	48	280	22	32	48	328	24	35		
A	9	Pitsea RC	328	24	35	31	21	24	55	19	27	24	79	19	26	37	116	20	28	42	158	22	33	37	195	23	34	34	229	22	32	33	262	24	34	24	286	23	33	42	328	24	35		
A	21	Springfield Striders Mixed B	347	26	37	30	20	31	61	21	30	50	111	26	37	100	211	30	47	5	216	30	46	43	259	30	46	11	270	29	42	43	313	29	42	17	330	29	42	17	347	26	37		
A	12	Thurrock Nomads	353	27	38	37	23	37	74	24	38	36	110	25	36	31	141	23	34	43	184	27	38	34	218	27	40	35	253	26	38	23	276	27	38	45	321	28	40	32	353	27	38		
A	3	Havering 90 Joggers A	354	28	39	39	25	47	86	30	45	43	129	30	45	22	151	27	40	27	178	25	36	20	198	24	35	45	243	25	37	34	277	28	40	39	316	27	39	38	354	28	39		
A	33	Grange Farm Dunmow Mixed C	358	29	41	35	22	43	78	27	42	29	107	23	34	43	150	26	39	29	179	26	37	38	217	26	39	37	254	27	39	19	273	26	37	42	315	26	38	43	358	29	41		
A	6	Ilford B	423	30	46	27	19	40	67	22	31	42	109	24	35	40	149	25	38	13	162	23	34	27	189	21	32	100	289	30	45	45	334	30	46	44	378	30	46	45	423	30	46		
A	23	Springfield Striders Mixed D	552	31	47	100	31	100	200	32	49	14	214	32	49	100	314	32	49	12	326	31	48	19	345	31	48	100	445	31	48	26	471	31	48	48	519	31	47	33	552	31	47		
A	53	Orion Harriers	863	32	49	100	31	100	200	32	49	16	216	33	50	100	316	33	50	100	416	33	50	100	516	33	50	100	616	33	50	100	716	33	50	47	763	32	49	100	863	32	49		
A	13	Havering 90 Joggers B	884	33	50	38	24	46	84	29	44	100	184	31	48	100	284	31	48	100	384	32	49	100	484	32	49	100	584	32	49	100	684	32	49	100	784	33	50	100	884	33	50		

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Position After Stage 1

Stage 1 Results				
Pos	Team	Cat	Name	Points
1	18	A	Springfield Striders Men A	1
2	19	A	Springfield Striders Men B	2
3	27	A	East London Runners	3
4	5	A	Ilford A	4
5	40	V	Springfield Striders Vets	5
6	10	A	Leigh on Sea Striders	6
7	25	A	Mid Essex Casuals A	7
8	28	A	Benfleet Men A	8
9	29	A	Benfleet Men B	9
10	30	A	Benfleet Men C	10
11	7	A	Southend A	11
12	8	A	Southend Mixed	12
13	48	L	Benfleet A	13
14	34	A	Thrift Green A	14
15	39	V	Harwich Runners Vets	15
16	31	A	Grange Farm Dunmow Men A	16
17	50	L	Grange Farm Dunmow	17
18	16	A	Thurrock Nomads A	18
19	14	A	Harwich Runners Men A	19
20	36	V	Tiptree R Vets	20
21	26	A	Mid Essex Casuals B	21
22	20	A	Springfield Striders Mixed A	22
23	24	A	Bishops Stortford Running Club	23
24	51	L	Thrift Green A	24
25	42	L	Southend	25
26	37	V	Ilford Vets	26
27	6	A	Ilford B	27
28	49	L	Benfleet B	28
29	44	L	Harwich Runners	29
30	21	A	Springfield Striders Mixed B	30
31	9	A	Pitsea RC	31
32	38	V	Pitsea RC Vets	32
33	46	L	Springfield Striders A	33
34	47	L	Springfield Striders B	34
35	33	A	Grange Farm Dunmow Mixed C	35
36	41	L	Tiptree R	36
37	12	A	Thurrock Nomads	37
38	13	A	Havering 90 Joggers B	38
39	3	A	Havering 90 Joggers A	39
40	45	L	Witham Running Club	40
41	17	A	Witham Running Club	41
42	4	A	Tiptree R	42
43	32	A	Grange Farm Dunmow Men B	43
44	15	A	Harwich Runners Mixed	44
45	22	A	Springfield Striders Mixed C	45
46	43	L	Pitsea RC	46
47	52	L	Thrift Green B	47
100	1	A	Halstead RC	100
100	23	A	Springfield Striders Mixed D	100
100	53	A	Orion Harriers	100
100	2	A	Halstead RC	100
100	11	A	Leigh on Sea Striders	100
100	35	A	Thrift Green B	100

Category Positions				
Open Team				Points
1	18	Springfield Striders Men A	1	1
2	19	Springfield Striders Men B	2	2
3	27	East London Runners	3	3
4	5	Ilford A	4	4
5	10	Leigh on Sea Striders	6	6
6	25	Mid Essex Casuals A	7	7
7	28	Benfleet Men A	8	8
8	29	Benfleet Men B	9	9
9	30	Benfleet Men C	10	10
10	7	Southend A	11	11
11	8	Southend Mixed	12	12
12	34	Thrift Green A	14	14
13	31	Grange Farm Dunmow Men A	16	16
14	16	Thurrock Nomads A	18	18
15	14	Harwich Runners Men A	19	19
16	26	Mid Essex Casuals B	21	21
17	20	Springfield Striders Mixed A	22	22
18	24	Bishops Stortford Running Club	23	23
19	6	Ilford B	27	27
20	21	Springfield Striders Mixed B	30	30
21	9	Pitsea RC	31	31
22	33	Grange Farm Dunmow Mixed C	35	35
23	12	Thurrock Nomads	37	37
24	13	Havering 90 Joggers B	38	38
25	3	Havering 90 Joggers A	39	39
26	17	Witham Running Club	41	41
27	4	Tiptree R	42	42
28	32	Grange Farm Dunmow Men B	43	43
29	15	Harwich Runners Mixed	44	44
30	22	Springfield Striders Mixed C	45	45
31	1	Halstead RC	100	100
32	23	Springfield Striders Mixed D	100	100
33	53	Orion Harriers	100	100
34	2	Halstead RC	100	100
35	11	Leigh on Sea Striders	100	100
36	35	Thrift Green B	100	100
Ladies Team				Points
1	48	Benfleet A	13	13
2	50	Grange Farm Dunmow	17	17
3	51	Thrift Green A	24	24
4	42	Southend	25	25
5	49	Benfleet B	28	28
6	44	Harwich Runners	29	29
7	46	Springfield Striders A	33	33
8	47	Springfield Striders B	34	34
9	41	Tiptree R	36	36
10	45	Witham Running Club	40	40
11	43	Pitsea RC	46	46
12	52	Thrift Green B	47	47
Vets Team				Points
1	40	Springfield Striders Vets	5	5
2	39	Harwich Runners Vets	15	15
3	36	Tiptree R Vets	20	20
4	37	Ilford Vets	26	26
5	38	Pitsea RC Vets	32	32

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Position After Stage 2

Stage 2 Results				
Pos	Team	Cat	Name	Points
1	18	A	Springfield Striders Men A	2
2	28	A	Benfleet Men A	10
3	5	A	Ilford A	7
4	14	A	Harwich Runners Men A	23
5	46	L	Springfield Striders A	38
6	19	A	Springfield Striders Men B	8
7	7	A	Southend A	18
8	10	A	Leigh on Sea Striders	14
9	22	A	Springfield Striders Mixed C	54
10	40	V	Springfield Striders Vets	15
11	48	L	Benfleet A	24
12	29	A	Benfleet Men B	21
13	1	A	Halstead RC	113
14	20	A	Springfield Striders Mixed A	36
15	42	L	Southend	40
16	31	A	Grange Farm Dunmow Men A	32
17	39	V	Harwich Runners Vets	32
18	26	A	Mid Essex Casuals B	39
19	30	A	Benfleet Men C	29
20	16	A	Thurrock Nomads A	38
21	25	A	Mid Essex Casuals A	28
22	34	A	Thrift Green A	36
23	38	V	Pitsea RC Vets	55
24	9	A	Pitsea RC	55
25	50	L	Grange Farm Dunmow	42
26	32	A	Grange Farm Dunmow Men B	69
27	37	V	Ilford Vets	53
28	27	A	East London Runners	31
29	36	V	Tiptree R Vets	49
30	43	L	Pitsea RC	76
31	21	A	Springfield Striders Mixed B	61
32	24	A	Bishops Stortford Running Club	55
33	8	A	Southend Mixed	45
34	17	A	Witham Running Club	75
35	4	A	Tiptree R	77
36	41	L	Tiptree R	72
37	12	A	Thurrock Nomads	74
38	15	A	Harwich Runners Mixed	82
39	47	L	Springfield Striders B	73
40	6	A	Ilford B	67
41	44	L	Harwich Runners	70
42	49	L	Benfleet B	70
43	33	A	Grange Farm Dunmow Mixed C	78
44	51	L	Thrift Green A	68
45	52	L	Thrift Green B	92
46	13	A	Havering 90 Joggers B	84
47	3	A	Havering 90 Joggers A	86
48	45	L	Witham Running Club	88
100	23	A	Springfield Striders Mixed D	200
100	53	A	Orion Harriers	200
100	2	A	Halstead RC	200
100	11	A	Leigh on Sea Striders	200
100	35	A	Thrift Green B	200

Category Positions				
Open Team				Points
1	18	Springfield Striders Men A		2
2	5	Ilford A		7
3	19	Springfield Striders Men B		8
4	28	Benfleet Men A		10
5	10	Leigh on Sea Striders		14
6	7	Southend A		18
7	29	Benfleet Men B		21
8	14	Harwich Runners Men A		23
9	25	Mid Essex Casuals A		28
10	30	Benfleet Men C		29
11	27	East London Runners		31
12	31	Grange Farm Dunmow Men A		32
13	20	Springfield Striders Mixed A		36
14	34	Thrift Green A		36
15	16	Thurrock Nomads A		38
16	26	Mid Essex Casuals B		39
17	8	Southend Mixed		45
18	22	Springfield Striders Mixed C		54
19	9	Pitsea RC		55
20	24	Bishops Stortford Running Club		55
21	21	Springfield Striders Mixed B		61
22	6	Ilford B		67
23	32	Grange Farm Dunmow Men B		69
24	12	Thurrock Nomads		74
25	17	Witham Running Club		75
26	4	Tiptree R		77
27	33	Grange Farm Dunmow Mixed C		78
28	15	Harwich Runners Mixed		82
29	13	Havering 90 Joggers B		84
30	3	Havering 90 Joggers A		86
31	1	Halstead RC		113
32	23	Springfield Striders Mixed D		200
33	53	Orion Harriers		200
34	2	Halstead RC		200
35	11	Leigh on Sea Striders		200
36	35	Thrift Green B		200
Ladies Team				Points
1	48	Benfleet A		24
2	46	Springfield Striders A		38
3	42	Southend		40
4	50	Grange Farm Dunmow		42
5	51	Thrift Green A		68
6	44	Harwich Runners		70
7	49	Benfleet B		70
8	41	Tiptree R		72
9	47	Springfield Striders B		73
10	43	Pitsea RC		76
11	45	Witham Running Club		88
12	52	Thrift Green B		92
Vets Team				Points
1	40	Springfield Striders Vets		15
2	39	Harwich Runners Vets		32
3	36	Tiptree R Vets		49
4	37	Ilford Vets		53
5	38	Pitsea RC Vets		55

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Position After Stage 3

Stage 3 Results				
Pos	Team	Cat	Name	Points
1	34	A	Thrift Green A	37
2	18	A	Springfield Striders Men A	4
3	10	A	Leigh on Sea Striders	17
4	27	A	East London Runners	35
5	17	A	Witham Running Club	80
6	19	A	Springfield Striders Men B	14
7	7	A	Southend A	25
8	31	A	Grange Farm Dunmow Men A	40
9	28	A	Benfleet Men A	19
10	5	A	Ilford A	17
11	40	V	Springfield Striders Vets	26
12	8	A	Southend Mixed	57
13	48	L	Benfleet A	37
14	23	A	Springfield Striders Mixed D	214
15	1	A	Halstead RC	128
16	53	A	Orion Harriers	216
17	39	V	Harwich Runners Vets	49
18	42	L	Southend	58
19	22	A	Springfield Striders Mixed C	73
20	20	A	Springfield Striders Mixed A	56
21	26	A	Mid Essex Casuals B	60
22	25	A	Mid Essex Casuals A	50
23	38	V	Pitsea RC Vets	78
24	9	A	Pitsea RC	79
25	14	A	Harwich Runners Men A	48
26	24	A	Bishops Stortford Running Club	81
27	32	A	Grange Farm Dunmow Men B	96
28	44	L	Harwich Runners	98
29	33	A	Grange Farm Dunmow Mixed C	107
30	30	A	Benfleet Men C	59
31	29	A	Benfleet Men B	52
32	50	L	Grange Farm Dunmow	74
33	16	A	Thurrock Nomads A	71
34	46	L	Springfield Striders A	72
35	49	L	Benfleet B	105
36	12	A	Thurrock Nomads	110
37	36	V	Tiptree R Vets	86
38	37	V	Ilford Vets	91
39	47	L	Springfield Striders B	112
40	15	A	Harwich Runners Mixed	122
41	41	L	Tiptree R	113
42	6	A	Ilford B	109
43	3	A	Havering 90 Joggers A	129
44	4	A	Tiptree R	121
45	45	L	Witham Running Club	133
46	51	L	Thrift Green A	114
47	52	L	Thrift Green B	139
48	43	L	Pitsea RC	124
50	21	A	Springfield Striders Mixed B	111
100	13	A	Havering 90 Joggers B	184
100	2	A	Halstead RC	300
100	11	A	Leigh on Sea Striders	300
100	35	A	Thrift Green B	300

Category Positions			
Open Team			Points
1	18	Springfield Striders Men A	4
2	19	Springfield Striders Men B	14
3	10	Leigh on Sea Striders	17
4	5	Ilford A	17
5	28	Benfleet Men A	19
6	7	Southend A	25
7	27	East London Runners	35
8	34	Thrift Green A	37
9	31	Grange Farm Dunmow Men A	40
10	14	Harwich Runners Men A	48
11	25	Mid Essex Casuals A	50
12	29	Benfleet Men B	52
13	20	Springfield Striders Mixed A	56
14	8	Southend Mixed	57
15	30	Benfleet Men C	59
16	26	Mid Essex Casuals B	60
17	16	Thurrock Nomads A	71
18	22	Springfield Striders Mixed C	73
19	9	Pitsea RC	79
20	17	Witham Running Club	80
21	24	Bishops Stortford Running Club	81
22	32	Grange Farm Dunmow Men B	96
23	33	Grange Farm Dunmow Mixed C	107
24	6	Ilford B	109
25	12	Thurrock Nomads	110
26	21	Springfield Striders Mixed B	111
27	4	Tiptree R	121
28	15	Harwich Runners Mixed	122
29	1	Halstead RC	128
30	3	Havering 90 Joggers A	129
31	13	Havering 90 Joggers B	184
32	23	Springfield Striders Mixed D	214
33	53	Orion Harriers	216
34	2	Halstead RC	300
35	11	Leigh on Sea Striders	300
36	35	Thrift Green B	300
Ladies Team			Points
1	48	Benfleet A	37
2	42	Southend	58
3	46	Springfield Striders A	72
4	50	Grange Farm Dunmow	74
5	44	Harwich Runners	98
6	49	Benfleet B	105
7	47	Springfield Striders B	112
8	41	Tiptree R	113
9	51	Thrift Green A	114
10	43	Pitsea RC	124
11	45	Witham Running Club	133
12	52	Thrift Green B	139
Vets Team			Points
1	40	Springfield Striders Vets	26
2	39	Harwich Runners Vets	49
3	38	Pitsea RC Vets	78
4	36	Tiptree R Vets	86
5	37	Ilford Vets	91

Essex Way 2012 Position After Stage 4

Stage 4 Results				
Pos	Team	Cat	Name	Points
1	7	A	Southend A	26
2	5	A	Ilford A	19
3	40	V	Springfield Striders Vets	29
4	46	L	Springfield Striders A	76
5	34	A	Thrift Green A	42
6	14	A	Harwich Runners Men A	54
7	39	V	Harwich Runners Vets	56
8	18	A	Springfield Striders Men A	12
9	19	A	Springfield Striders Men B	23
10	31	A	Grange Farm Dunmow Men A	50
11	27	A	East London Runners	46
12	10	A	Leigh on Sea Striders	29
13	38	V	Pitsea RC Vets	91
14	28	A	Benfleet Men A	33
15	16	A	Thurrock Nomads A	86
16	20	A	Springfield Striders Mixed A	72
17	29	A	Benfleet Men B	69
18	1	A	Halstead RC	146
19	48	L	Benfleet A	56
20	36	V	Tiptree R Vets	106
21	44	L	Harwich Runners	119
22	3	A	Havering 90 Joggers A	151
23	50	L	Grange Farm Dunmow	97
24	49	L	Benfleet B	129
25	32	A	Grange Farm Dunmow Men B	121
26	17	A	Witham Running Club	106
27	37	V	Ilford Vets	118
28	30	A	Benfleet Men C	87
29	45	L	Witham Running Club	162
30	15	A	Harwich Runners Mixed	152
31	12	A	Thurrock Nomads	141
32	8	A	Southend Mixed	89
33	52	L	Thrift Green B	172
34	51	L	Thrift Green A	148
35	47	L	Springfield Striders B	147
36	42	L	Southend	94
37	9	A	Pitsea RC	116
38	43	L	Pitsea RC	162
39	22	A	Springfield Striders Mixed C	112
40	6	A	Ilford B	149
41	25	A	Mid Essex Casuals A	91
42	26	A	Mid Essex Casuals B	102
43	33	A	Grange Farm Dunmow Mixed C	150
44	41	L	Tiptree R	157
45	4	A	Tiptree R	166
46	24	A	Bishops Stortford Running Club	127
100	21	A	Springfield Striders Mixed B	211
100	23	A	Springfield Striders Mixed D	314
100	53	A	Orion Harriers	316
100	13	A	Havering 90 Joggers B	284
100	2	A	Halstead RC	400
100	11	A	Leigh on Sea Striders	400
100	35	A	Thrift Green B	400

Category Positions			
Open Team			Points
1	18	Springfield Striders Men A	12
2	5	Ilford A	19
3	19	Springfield Striders Men B	23
4	7	Southend A	26
5	10	Leigh on Sea Striders	29
6	28	Benfleet Men A	33
7	34	Thrift Green A	42
8	27	East London Runners	46
9	31	Grange Farm Dunmow Men A	50
10	14	Harwich Runners Men A	54
11	29	Benfleet Men B	69
12	20	Springfield Striders Mixed A	72
13	16	Thurrock Nomads A	86
14	30	Benfleet Men C	87
15	8	Southend Mixed	89
16	25	Mid Essex Casuals A	91
17	26	Mid Essex Casuals B	102
18	17	Witham Running Club	106
19	22	Springfield Striders Mixed C	112
20	9	Pitsea RC	116
21	32	Grange Farm Dunmow Men B	121
22	24	Bishops Stortford Running Club	127
23	12	Thurrock Nomads	141
24	1	Halstead RC	146
25	6	Ilford B	149
26	33	Grange Farm Dunmow Mixed C	150
27	3	Havering 90 Joggers A	151
28	15	Harwich Runners Mixed	152
29	4	Tiptree R	166
30	21	Springfield Striders Mixed B	211
31	13	Havering 90 Joggers B	284
32	23	Springfield Striders Mixed D	314
33	53	Orion Harriers	316
34	2	Halstead RC	400
35	11	Leigh on Sea Striders	400
36	35	Thrift Green B	400
Ladies Team			Points
1	48	Benfleet A	56
2	46	Springfield Striders A	76
3	42	Southend	94
4	50	Grange Farm Dunmow	97
5	44	Harwich Runners	119
6	49	Benfleet B	129
7	47	Springfield Striders B	147
8	51	Thrift Green A	148
9	41	Tiptree R	157
10	45	Witham Running Club	162
11	43	Pitsea RC	162
12	52	Thrift Green B	172
Vets Team			Points
1	40	Springfield Striders Vets	29
2	39	Harwich Runners Vets	56
3	38	Pitsea RC Vets	91
4	36	Tiptree R Vets	106
5	37	Ilford Vets	118

Essex Way 2012

Position After Stage 5

Stage 5 Results				
Pos	Team	Cat	Name	Points
1	18	A	Springfield Striders Men A	13
2	31	A	Grange Farm Dunmow Men A	52
3	14	A	Harwich Runners Men A	57
4	19	A	Springfield Striders Men B	27
5	21	A	Springfield Striders Mixed B	216
6	24	A	Bishops Stortford Running Club	133
7	34	A	Thrift Green A	49
8	17	A	Witham Running Club	114
9	40	V	Springfield Striders Vets	38
10	5	A	Ilford A	29
11	10	A	Leigh on Sea Striders	40
12	23	A	Springfield Striders Mixed D	326
13	6	A	Ilford B	162
14	20	A	Springfield Striders Mixed A	86
15	46	L	Springfield Striders A	91
16	7	A	Southend A	42
17	32	A	Grange Farm Dunmow Men B	138
18	1	A	Halstead RC	164
19	8	A	Southend Mixed	108
20	38	V	Pitsea RC Vets	111
21	48	L	Benfleet A	77
22	29	A	Benfleet Men B	91
23	4	A	Tiptree R	189
24	36	V	Tiptree R Vets	130
25	30	A	Benfleet Men C	112
26	50	L	Grange Farm Dunmow	123
27	3	A	Havering 90 Joggers A	178
28	49	L	Benfleet B	157
29	33	A	Grange Farm Dunmow Mixed C	179
30	42	L	Southend	124
31	44	L	Harwich Runners	150
32	25	A	Mid Essex Casuals A	123
33	28	A	Benfleet Men A	66
34	15	A	Harwich Runners Mixed	186
35	37	V	Ilford Vets	153
36	16	A	Thurrock Nomads A	122
37	41	L	Tiptree R	194
38	47	L	Springfield Striders B	185
39	26	A	Mid Essex Casuals B	141
40	22	A	Springfield Striders Mixed C	152
41	43	L	Pitsea RC	203
42	9	A	Pitsea RC	158
43	12	A	Thurrock Nomads	184
44	45	L	Witham Running Club	206
45	51	L	Thrift Green A	193
46	52	L	Thrift Green B	218
49	27	A	East London Runners	95
49	39	V	Harwich Runners Vets	105
100	53	A	Orion Harriers	416
100	13	A	Havering 90 Joggers B	384
100	2	A	Halstead RC	500
100	11	A	Leigh on Sea Striders	500
100	35	A	Thrift Green B	500

Category Positions				
Open Team				Points
1	18	Springfield Striders Men A		13
2	19	Springfield Striders Men B		27
3	5	Ilford A		29
4	10	Leigh on Sea Striders		40
5	7	Southend A		42
6	34	Thrift Green A		49
7	31	Grange Farm Dunmow Men A		52
8	14	Harwich Runners Men A		57
9	28	Benfleet Men A		66
10	20	Springfield Striders Mixed A		86
11	29	Benfleet Men B		91
12	27	East London Runners		95
13	8	Southend Mixed		108
14	30	Benfleet Men C		112
15	17	Witham Running Club		114
16	16	Thurrock Nomads A		122
17	25	Mid Essex Casuals A		123
18	24	Bishops Stortford Running Club		133
19	32	Grange Farm Dunmow Men B		138
20	26	Mid Essex Casuals B		141
21	22	Springfield Striders Mixed C		152
22	9	Pitsea RC		158
23	6	Ilford B		162
24	1	Halstead RC		164
25	3	Havering 90 Joggers A		178
26	33	Grange Farm Dunmow Mixed C		179
27	12	Thurrock Nomads		184
28	15	Harwich Runners Mixed		186
29	4	Tiptree R		189
30	21	Springfield Striders Mixed B		216
31	23	Springfield Striders Mixed D		326
32	13	Havering 90 Joggers B		384
33	53	Orion Harriers		416
34	2	Halstead RC		500
35	11	Leigh on Sea Striders		500
36	35	Thrift Green B		500
Ladies Team				Points
1	48	Benfleet A		77
2	46	Springfield Striders A		91
3	50	Grange Farm Dunmow		123
4	42	Southend		124
5	44	Harwich Runners		150
6	49	Benfleet B		157
7	47	Springfield Striders B		185
8	51	Thrift Green A		193
9	41	Tiptree R		194
10	43	Pitsea RC		203
11	45	Witham Running Club		206
12	52	Thrift Green B		218
Vets Team				Points
1	40	Springfield Striders Vets		38
2	39	Harwich Runners Vets		105
3	38	Pitsea RC Vets		111
4	36	Tiptree R Vets		130
5	37	Ilford Vets		153

Essex Way 2012 Position After Stage 6

Stage 6 Results				
Pos	Team	Cat	Name	Points
1	18	A	Springfield Striders Men A	14
2	7	A	Southend A	44
3	5	A	Ilford A	32
4	31	A	Grange Farm Dunmow Men A	56
5	34	A	Thrift Green A	54
6	28	A	Benfleet Men A	72
7	36	V	Tiptree R Vets	137
8	40	V	Springfield Striders Vets	46
9	25	A	Mid Essex Casuals A	132
10	38	V	Pitsea RC Vets	121
11	48	L	Benfleet A	88
12	19	A	Springfield Striders Men B	39
13	27	A	East London Runners	108
14	29	A	Benfleet Men B	105
15	39	V	Harwich Runners Vets	120
16	37	V	Ilford Vets	169
17	14	A	Harwich Runners Men A	74
18	41	L	Tiptree R	212
19	23	A	Springfield Striders Mixed D	345
20	3	A	Havering 90 Joggers A	198
21	10	A	Leigh on Sea Striders	61
22	26	A	Mid Essex Casuals B	163
23	8	A	Southend Mixed	131
24	24	A	Bishops Stortford Running Club	157
25	46	L	Springfield Striders A	116
26	32	A	Grange Farm Dunmow Men B	164
27	6	A	Ilford B	189
28	42	L	Southend	152
29	47	L	Springfield Striders B	214
30	50	L	Grange Farm Dunmow	153
31	49	L	Benfleet B	188
32	15	A	Harwich Runners Mixed	218
33	44	L	Harwich Runners	183
34	12	A	Thurrock Nomads	218
35	16	A	Thurrock Nomads A	157
36	4	A	Tiptree R	225
37	9	A	Pitsea RC	195
38	33	A	Grange Farm Dunmow Mixed C	217
39	45	L	Witham Running Club	245
40	17	A	Witham Running Club	154
41	1	A	Halstead RC	205
42	22	A	Springfield Striders Mixed C	194
43	21	A	Springfield Striders Mixed B	259
44	43	L	Pitsea RC	247
45	20	A	Springfield Striders Mixed A	131
46	51	L	Thrift Green A	239
47	52	L	Thrift Green B	265
48	30	A	Benfleet Men C	160
100	53	A	Orion Harriers	516
100	13	A	Havering 90 Joggers B	484
100	2	A	Halstead RC	600
100	11	A	Leigh on Sea Striders	600
100	35	A	Thrift Green B	600

Category Positions			
Open Team			Points
1	18	Springfield Striders Men A	14
2	5	Ilford A	32
3	19	Springfield Striders Men B	39
4	7	Southend A	44
5	34	Thrift Green A	54
6	31	Grange Farm Dunmow Men A	56
7	10	Leigh on Sea Striders	61
8	28	Benfleet Men A	72
9	14	Harwich Runners Men A	74
10	29	Benfleet Men B	105
11	27	East London Runners	108
12	8	Southend Mixed	131
13	20	Springfield Striders Mixed A	131
14	25	Mid Essex Casuals A	132
15	17	Witham Running Club	154
16	24	Bishops Stortford Running Club	157
17	16	Thurrock Nomads A	157
18	30	Benfleet Men C	160
19	26	Mid Essex Casuals B	163
20	32	Grange Farm Dunmow Men B	164
21	6	Ilford B	189
22	22	Springfield Striders Mixed C	194
23	9	Pitsea RC	195
24	3	Havering 90 Joggers A	198
25	1	Halstead RC	205
26	33	Grange Farm Dunmow Mixed C	217
27	15	Harwich Runners Mixed	218
28	12	Thurrock Nomads	218
29	4	Tiptree R	225
30	21	Springfield Striders Mixed B	259
31	23	Springfield Striders Mixed D	345
32	13	Havering 90 Joggers B	484
33	53	Orion Harriers	516
34	2	Halstead RC	600
35	11	Leigh on Sea Striders	600
36	35	Thrift Green B	600
Ladies Team			Points
1	48	Benfleet A	88
2	46	Springfield Striders A	116
3	42	Southend	152
4	50	Grange Farm Dunmow	153
5	44	Harwich Runners	183
6	49	Benfleet B	188
7	41	Tiptree R	212
8	47	Springfield Striders B	214
9	51	Thrift Green A	239
10	45	Witham Running Club	245
11	43	Pitsea RC	247
12	52	Thrift Green B	265
Vets Team			Points
1	40	Springfield Striders Vets	46
2	39	Harwich Runners Vets	120
3	38	Pitsea RC Vets	121
4	36	Tiptree R Vets	137
5	37	Ilford Vets	169

Essex Way 2012

Position After Stage 7

Stage 7 Results				
Pos	Team	Cat	Name	Points
1	5	A	Ilford A	33
2	18	A	Springfield Striders Men A	16
3	14	A	Harwich Runners Men A	77
4	7	A	Southend A	48
5	34	A	Thrift Green A	59
6	19	A	Springfield Striders Men B	45
7	25	A	Mid Essex Casuals A	139
8	4	A	Tiptree R	233
9	40	V	Springfield Striders Vets	55
10	28	A	Benfleet Men A	82
11	21	A	Springfield Striders Mixed B	270
12	42	L	Southend	164
13	10	A	Leigh on Sea Striders	74
14	46	L	Springfield Striders A	130
15	8	A	Southend Mixed	146
16	16	A	Thurrock Nomads A	173
17	48	L	Benfleet A	105
18	30	A	Benfleet Men C	178
19	44	L	Harwich Runners	202
20	41	L	Tiptree R	232
21	24	A	Bishops Stortford Running Club	178
22	39	V	Harwich Runners Vets	142
23	31	A	Grange Farm Dunmow Men A	79
24	38	V	Pitsea RC Vets	145
25	1	A	Halstead RC	230
26	37	V	Ilford Vets	195
27	32	A	Grange Farm Dunmow Men B	191
28	50	L	Grange Farm Dunmow	181
29	29	A	Benfleet Men B	134
30	26	A	Mid Essex Casuals B	193
31	22	A	Springfield Striders Mixed C	225
32	36	V	Tiptree R Vets	169
33	20	A	Springfield Striders Mixed A	164
34	9	A	Pitsea RC	229
35	12	A	Thurrock Nomads	253
36	15	A	Harwich Runners Mixed	254
37	33	A	Grange Farm Dunmow Mixed C	254
38	27	A	East London Runners	146
39	17	A	Witham Running Club	193
40	45	L	Witham Running Club	285
40	51	L	Thrift Green A	279
42	43	L	Pitsea RC	289
43	47	L	Springfield Striders B	257
44	49	L	Benfleet B	232
45	3	A	Havering 90 Joggers A	243
100	23	A	Springfield Striders Mixed D	445
100	6	A	Ilford B	289
100	52	L	Thrift Green B	365
100	53	A	Orion Harriers	616
100	13	A	Havering 90 Joggers B	584
100	2	A	Halstead RC	700
100	11	A	Leigh on Sea Striders	700
100	35	A	Thrift Green B	700

Category Positions			
Open Team			Points
1	18	Springfield Striders Men A	16
2	5	Ilford A	33
3	19	Springfield Striders Men B	45
4	7	Southend A	48
5	34	Thrift Green A	59
6	10	Leigh on Sea Striders	74
7	14	Harwich Runners Men A	77
8	31	Grange Farm Dunmow Men A	79
9	28	Benfleet Men A	82
10	29	Benfleet Men B	134
11	25	Mid Essex Casuals A	139
12	8	Southend Mixed	146
13	27	East London Runners	146
14	20	Springfield Striders Mixed A	164
15	16	Thurrock Nomads A	173
16	30	Benfleet Men C	178
17	24	Bishops Stortford Running Club	178
18	32	Grange Farm Dunmow Men B	191
19	26	Mid Essex Casuals B	193
20	17	Witham Running Club	193
21	22	Springfield Striders Mixed C	225
22	9	Pitsea RC	229
23	1	Halstead RC	230
24	4	Tiptree R	233
25	3	Havering 90 Joggers A	243
26	12	Thurrock Nomads	253
27	15	Harwich Runners Mixed	254
28	33	Grange Farm Dunmow Mixed C	254
29	21	Springfield Striders Mixed B	270
30	6	Ilford B	289
31	23	Springfield Striders Mixed D	445
32	13	Havering 90 Joggers B	584
33	53	Orion Harriers	616
34	2	Halstead RC	700
35	11	Leigh on Sea Striders	700
36	35	Thrift Green B	700
Ladies Team			Points
1	48	Benfleet A	105
2	46	Springfield Striders A	130
3	42	Southend	164
4	50	Grange Farm Dunmow	181
5	44	Harwich Runners	202
6	41	Tiptree R	232
7	49	Benfleet B	232
8	47	Springfield Striders B	257
9	51	Thrift Green A	279
10	45	Witham Running Club	285
11	43	Pitsea RC	289
12	52	Thrift Green B	365
Vets Team			Points
1	40	Springfield Striders Vets	55
2	39	Harwich Runners Vets	142
3	38	Pitsea RC Vets	145
4	36	Tiptree R Vets	169
5	37	Ilford Vets	195

Essex Way 2012 Position After Stage 8

Stage 8 Results				
Pos	Team	Cat	Name	Points
1	18	A	Springfield Striders Men A	17
2	14	A	Harwich Runners Men A	79
3	19	A	Springfield Striders Men B	48
4	5	A	Ilford A	37
5	48	L	Benfleet A	110
6	7	A	Southend A	54
7	28	A	Benfleet Men A	89
8	10	A	Leigh on Sea Striders	82
9	34	A	Thrift Green A	68
10	29	A	Benfleet Men B	144
11	16	A	Thurrock Nomads A	184
12	17	A	Witham Running Club	205
13	31	A	Grange Farm Dunmow Men A	92
14	15	A	Harwich Runners Mixed	268
15	40	V	Springfield Striders Vets	70
16	20	A	Springfield Striders Mixed A	180
17	37	V	Ilford Vets	212
18	39	V	Harwich Runners Vets	160
19	33	A	Grange Farm Dunmow Mixed C	273
20	42	L	Southend	184
21	32	A	Grange Farm Dunmow Men B	212
22	26	A	Mid Essex Casuals B	215
23	12	A	Thurrock Nomads	276
24	50	L	Grange Farm Dunmow	205
25	47	L	Springfield Striders B	282
26	23	A	Springfield Striders Mixed D	471
27	4	A	Tiptree R	260
28	44	L	Harwich Runners	230
29	22	A	Springfield Striders Mixed C	254
30	1	A	Halstead RC	260
31	46	L	Springfield Striders A	161
32	8	A	Southend Mixed	178
33	9	A	Pitsea RC	262
34	3	A	Havering 90 Joggers A	277
35	36	V	Tiptree R Vets	204
36	24	A	Bishops Stortford Running Club	214
37	25	A	Mid Essex Casuals A	176
38	27	A	East London Runners	184
39	49	L	Benfleet B	271
40	30	A	Benfleet Men C	218
41	38	V	Pitsea RC Vets	186
42	43	L	Pitsea RC	331
43	21	A	Springfield Striders Mixed B	313
44	41	L	Tiptree R	276
45	6	A	Ilford B	334
46	45	L	Witham Running Club	331
47	51	L	Thrift Green A	326
100	52	L	Thrift Green B	465
100	53	A	Orion Harriers	716
100	13	A	Havering 90 Joggers B	684
100	2	A	Halstead RC	800
100	11	A	Leigh on Sea Striders	800
100	35	A	Thrift Green B	800

Category Positions			
Open Team			Points
1	18	Springfield Striders Men A	17
2	5	Ilford A	37
3	19	Springfield Striders Men B	48
4	7	Southend A	54
5	34	Thrift Green A	68
6	14	Harwich Runners Men A	79
7	10	Leigh on Sea Striders	82
8	28	Benfleet Men A	89
9	31	Grange Farm Dunmow Men A	92
10	29	Benfleet Men B	144
11	25	Mid Essex Casuals A	176
12	8	Southend Mixed	178
13	20	Springfield Striders Mixed A	180
14	16	Thurrock Nomads A	184
15	27	East London Runners	184
16	17	Witham Running Club	205
17	32	Grange Farm Dunmow Men B	212
18	24	Bishops Stortford Running Club	214
19	26	Mid Essex Casuals B	215
20	30	Benfleet Men C	218
21	22	Springfield Striders Mixed C	254
22	4	Tiptree R	260
23	1	Halstead RC	260
24	9	Pitsea RC	262
25	15	Harwich Runners Mixed	268
26	33	Grange Farm Dunmow Mixed C	273
27	12	Thurrock Nomads	276
28	3	Havering 90 Joggers A	277
29	21	Springfield Striders Mixed B	313
30	6	Ilford B	334
31	23	Springfield Striders Mixed D	471
32	13	Havering 90 Joggers B	684
33	53	Orion Harriers	716
34	2	Halstead RC	800
35	11	Leigh on Sea Striders	800
36	35	Thrift Green B	800
Ladies Team			Points
1	48	Benfleet A	110
2	46	Springfield Striders A	161
3	42	Southend	184
4	50	Grange Farm Dunmow	205
5	44	Harwich Runners	230
6	49	Benfleet B	271
7	41	Tiptree R	276
8	47	Springfield Striders B	282
9	51	Thrift Green A	326
10	43	Pitsea RC	331
11	45	Witham Running Club	331
12	52	Thrift Green B	465
Vets Team			Points
1	40	Springfield Striders Vets	70
2	39	Harwich Runners Vets	160
3	38	Pitsea RC Vets	186
4	36	Tiptree R Vets	204
5	37	Ilford Vets	212

Essex Way 2012

Position After Stage 9

Stage 9 Results				
Pos	Team	Cat	Name	Points
1	18	A	Springfield Striders Men A	18
2	7	A	Southend A	56
3	28	A	Benfleet Men A	92
4	34	A	Thrift Green A	72
5	19	A	Springfield Striders Men B	53
6	14	A	Harwich Runners Men A	85
7	5	A	Ilford A	44
8	36	V	Tiptree R Vets	212
9	20	A	Springfield Striders Mixed A	189
10	31	A	Grange Farm Dunmow Men A	102
11	29	A	Benfleet Men B	155
12	39	V	Harwich Runners Vets	172
13	1	A	Halstead RC	273
14	37	V	Ilford Vets	226
15	40	V	Springfield Striders Vets	85
16	48	L	Benfleet A	126
17	21	A	Springfield Striders Mixed B	330
18	46	L	Springfield Striders A	179
19	10	A	Leigh on Sea Striders	101
20	4	A	Tiptree R	280
21	15	A	Harwich Runners Mixed	289
22	42	L	Southend	206
23	44	L	Harwich Runners	253
24	9	A	Pitsea RC	286
25	32	A	Grange Farm Dunmow Men B	237
26	49	L	Benfleet B	297
27	50	L	Grange Farm Dunmow	232
28	25	A	Mid Essex Casuals A	204
29	38	V	Pitsea RC Vets	215
30	8	A	Southend Mixed	208
31	30	A	Benfleet Men C	249
32	41	L	Tiptree R	308
33	45	L	Witham Running Club	364
34	17	A	Witham Running Club	239
35	16	A	Thurrock Nomads A	219
36	43	L	Pitsea RC	367
37	22	A	Springfield Striders Mixed C	291
38	26	A	Mid Essex Casuals B	253
39	3	A	Havering 90 Joggers A	316
40	24	A	Bishops Stortford Running Club	254
41	47	L	Springfield Striders B	323
42	33	A	Grange Farm Dunmow Mixed C	315
43	27	A	East London Runners	227
44	6	A	Ilford B	378
45	12	A	Thurrock Nomads	321
46	51	L	Thrift Green A	372
47	53	A	Orion Harriers	763
48	23	A	Springfield Striders Mixed D	519
100	52	L	Thrift Green B	565
100	13	A	Havering 90 Joggers B	784
100	2	A	Halstead RC	900
100	11	A	Leigh on Sea Striders	900
100	35	A	Thrift Green B	900

Category Positions			
Open Team			Points
1	18	Springfield Striders Men A	18
2	5	Ilford A	44
3	19	Springfield Striders Men B	53
4	7	Southend A	56
5	34	Thrift Green A	72
6	14	Harwich Runners Men A	85
7	28	Benfleet Men A	92
8	10	Leigh on Sea Striders	101
9	31	Grange Farm Dunmow Men A	102
10	29	Benfleet Men B	155
11	20	Springfield Striders Mixed A	189
12	25	Mid Essex Casuals A	204
13	8	Southend Mixed	208
14	16	Thurrock Nomads A	219
15	27	East London Runners	227
16	32	Grange Farm Dunmow Men B	237
17	17	Witham Running Club	239
18	30	Benfleet Men C	249
19	26	Mid Essex Casuals B	253
20	24	Bishops Stortford Running Club	254
21	1	Halstead RC	273
22	4	Tiptree R	280
23	9	Pitsea RC	286
24	15	Harwich Runners Mixed	289
25	22	Springfield Striders Mixed C	291
26	33	Grange Farm Dunmow Mixed C	315
27	3	Havering 90 Joggers A	316
28	12	Thurrock Nomads	321
29	21	Springfield Striders Mixed B	330
30	6	Ilford B	378
31	23	Springfield Striders Mixed D	519
32	53	Orion Harriers	763
33	13	Havering 90 Joggers B	784
34	2	Halstead RC	900
35	11	Leigh on Sea Striders	900
36	35	Thrift Green B	900
Ladies Team			Points
1	48	Benfleet A	126
2	46	Springfield Striders A	179
3	42	Southend	206
4	50	Grange Farm Dunmow	232
5	44	Harwich Runners	253
6	49	Benfleet B	297
7	41	Tiptree R	308
8	47	Springfield Striders B	323
9	45	Witham Running Club	364
10	43	Pitsea RC	367
11	51	Thrift Green A	372
12	52	Thrift Green B	565
Vets Team			Points
1	40	Springfield Striders Vets	85
2	39	Harwich Runners Vets	172
3	36	Tiptree R Vets	212
4	38	Pitsea RC Vets	215
5	37	Ilford Vets	226

Essex Way 2012

Position After Stage 10

Stage 10 Results				
Pos	Team	Cat	Name	Points
1	18	A	Springfield Striders Men A	19
2	14	A	Harwich Runners Men A	87
3	19	A	Springfield Striders Men B	56
4	28	A	Benfleet Men A	96
5	31	A	Grange Farm Dunmow Men A	107
6	5	A	Ilford A	50
7	7	A	Southend A	63
8	39	V	Harwich Runners Vets	180
9	8	A	Southend Mixed	217
10	29	A	Benfleet Men B	165
11	10	A	Leigh on Sea Striders	112
12	40	V	Springfield Striders Vets	97
13	32	A	Grange Farm Dunmow Men B	250
14	44	L	Harwich Runners	267
15	20	A	Springfield Striders Mixed A	204
16	34	A	Thrift Green A	88
17	21	A	Springfield Striders Mixed B	347
18	25	A	Mid Essex Casuals A	222
19	46	L	Springfield Striders A	198
20	45	L	Witham Running Club	384
21	43	L	Pitsea RC	388
22	17	A	Witham Running Club	261
23	1	A	Halstead RC	296
24	48	L	Benfleet A	150
25	49	L	Benfleet B	322
26	15	A	Harwich Runners Mixed	315
27	30	A	Benfleet Men C	276
28	16	A	Thurrock Nomads A	247
29	22	A	Springfield Striders Mixed C	320
30	42	L	Southend	236
31	38	V	Pitsea RC Vets	246
32	12	A	Thurrock Nomads	353
33	23	A	Springfield Striders Mixed D	552
34	50	L	Grange Farm Dunmow	266
35	26	A	Mid Essex Casuals B	288
36	47	L	Springfield Striders B	359
37	51	L	Thrift Green A	409
38	3	A	Havering 90 Joggers A	354
39	36	V	Tiptree R Vets	251
40	52	L	Thrift Green B	605
41	27	A	East London Runners	268
42	9	A	Pitsea RC	328
43	33	A	Grange Farm Dunmow Mixed C	358
44	24	A	Bishops Stortford Running Club	298
45	6	A	Ilford B	423
46	37	V	Ilford Vets	272
47	41	L	Tiptree R	355
48	4	A	Tiptree R	328
100	13	A	Havering 90 Joggers B	884
100	53	A	Orion Harriers	863
100	2	A	Halstead RC	1000
100	11	A	Leigh on Sea Striders	1000
100	35	A	Thrift Green B	1000

Category Positions				
Open Team				Points
1	18	Springfield Striders Men A		19
2	5	Ilford A		50
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4	7	Southend A		63
5	14	Harwich Runners Men A		87
6	34	Thrift Green A		88
7	28	Benfleet Men A		96
8	31	Grange Farm Dunmow Men A		107
9	10	Leigh on Sea Striders		112
10	29	Benfleet Men B		165
11	20	Springfield Striders Mixed A		204
12	8	Southend Mixed		217
13	25	Mid Essex Casuals A		222
14	16	Thurrock Nomads A		247
15	32	Grange Farm Dunmow Men B		250
16	17	Witham Running Club		261
17	27	East London Runners		268
18	30	Benfleet Men C		276
19	26	Mid Essex Casuals B		288
20	1	Halstead RC		296
21	24	Bishops Stortford Running Club		298
22	15	Harwich Runners Mixed		315
23	22	Springfield Striders Mixed C		320
24	9	Pitsea RC		328
25	4	Tiptree R		328
26	21	Springfield Striders Mixed B		347
27	12	Thurrock Nomads		353
28	3	Havering 90 Joggers A		354
29	33	Grange Farm Dunmow Mixed C		358
30	6	Ilford B		423
31	23	Springfield Striders Mixed D		552
32	53	Orion Harriers		863
33	13	Havering 90 Joggers B		884
34	2	Halstead RC		1000
35	11	Leigh on Sea Striders		1000
36	35	Thrift Green B		1000
Ladies Team				Points
1	48	Benfleet A		150
2	46	Springfield Striders A		198
3	42	Southend		236
4	50	Grange Farm Dunmow		266
5	44	Harwich Runners		267
6	49	Benfleet B		322
7	41	Tiptree R		355
8	47	Springfield Striders B		359
9	45	Witham Running Club		384
10	43	Pitsea RC		388
11	51	Thrift Green A		409
12	52	Thrift Green B		605
Vets Team				Points
1	40	Springfield Striders Vets		97
2	39	Harwich Runners Vets		180
3	38	Pitsea RC Vets		246
4	36	Tiptree R Vets		251
5	37	Ilford Vets		272